

ALWAYS GOOD. NOW EVEN BETTER.

# THE DIABETES CORE

CURRICULUM WORKSHOP™

ADVANCING YOUR CAREER IN CHRONIC DISEASE MANAGEMENT

OCTOBER 20 - 23, 2014

GARDEN CITY HOTEL, GARDEN CITY, NY

TARGET AUDIENCE

- Nurses
- Nurse Practitioners
- Physician Assistants
- Pharmacists
- Dietitians
- Master Certified Health Education Specialists (MCHES)



Accredited by  
Winthrop University Hospital  
Approved for 30 CME & CE Credits

**There is a growing body of research** supporting and quantifying the effectiveness of diabetes education in improving metabolic outcomes for patients with diabetes. Increased contact with diabetes educators has also been associated with lower hospitalization rates and reduced costs. The rising incidence of diabetes should result in a high demand for diabetes educators especially among low income and minority populations. The range of work settings will broaden, and will include not only the traditional hospital outpatient and physician office positions, but also non-traditional settings, including chronic disease management.

**Virginia Peragallo-Dittko, RN, CDE, BC-ADM, FADE**

**Executive Director**

*Diabetes and Obesity Institute*

*Winthrop University Hospital*

**Professor of Medicine**

*Stony Brook School of Medicine*

**Associate Editor**

*The Diabetes Educator Journal*

**Course Director**

*The Diabetes Core Curriculum Workshop™*

**The DCCW welcomes those** who are beginning their careers as diabetes educators as well as experienced diabetes educators seeking continuing education and career advancement.

Our speakers are accomplished experts who bring a wealth of knowledge and experience to inspire and support the learning journey. An important and unique aspect of the DCCW involves the opportunity to interact with the faculty for assistance with exam preparation or career development.

We look forward to your participation!

**J. Lynne Chimon, MS, RD, CDN, BC-ADM, CDE**

**Director**

*Diabetes Education Center*

*Winthrop University Hospital*

**Course Coordinator**

*The Diabetes Core Curriculum Workshop™*

# THE DIABETES CORE CURRICULUM WORKSHOP

## OVERVIEW

The Diabetes Core Curriculum Workshop™ (DCCW™) is a unique four day course designed to prepare health professionals for the Certified Diabetes Educator® (CDE®) examination or to provide the requisite continuing education credits for renewal of the CDE® or BC-ADM credentials. It also prepares health professionals in the principles and skills required for chronic disease management.

The curriculum includes content areas of the Certified Diabetes Educator® (CDE®) examination and the American Diabetes Association's National Standards for Diabetes Self-Management Education (DSME) programs.

## COURSE FORMAT

Two, 3-hour modules each day consist of lecture, case studies, interactive learning and practice test questions.

## MODULES

- Diabetes Self Management Education
- Disease Process
- Medications
- Monitoring, Management and Special Populations
- Macrovascular Complications
- Nutrition and Exercise
- Psychosocial Issues
- Acute and Microvascular Complications

## LEARNING OBJECTIVES

Following this program, the participant will be able to:

- Describe the pathophysiology of and diagnostic criteria of all types of diabetes
- Define a systematic approach to management of diabetes and associated complications
- Describe injectable and oral medications used in the treatment of diabetes and identify principles for starting, advancing and combining therapies
- Identify the goals for nutrition therapy and describe a food plan using carbohydrate counting
- Recognize the psychosocial issues and daily life challenges of living with diabetes
- Describe the components of diabetes education and education program planning
- Discuss models for diabetes care and education for specialized populations (pregnancy, children and adolescents, elderly)
- List the acute and chronic complications of diabetes and describe treatment modalities

## COMPETENCIES ADDRESSED

- Patient Care
- Medical Knowledge
- Interpersonal and Communication Skills
- Professionalism
- Systems-based Practice
- Practice-based Learning and Improvement

## TARGET AUDIENCE

Nurses, nurse practitioners, physician assistants, pharmacists, dietitians and master certified health education specialists.

## ACCREDITATION

### CME

Winthrop University Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## **AMA Credit Designation Statement**

Winthrop University Hospital designates this live activity for a maximum of **30.0 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## **Nursing**

Winthrop University Hospital is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider Number: NY P259 10/31/14. 30.0 contact hours will be awarded.

*Accredited status does not imply endorsement by NJSNA, Winthrop University Hospital, or ANCC of any commercial products or services.*

## **Pharmacy**

St. John's University College of Pharmacy and Health Sciences is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Completion of this program provides a total of 30 hours of continuing education credit. Partial credit is not available. In order to obtain credit, participants must complete required continuing education forms and submit them on site. The Universal Activity Number assigned to this program is: 0043-9999-13-048-L01P. Statements of credit are mailed to participants and credits are posted to CPE Monitor within six weeks of completion of the program.

## **Dietitian**

This program has been approved by the Commission on Dietetic Registration for 30 CPEUs.

## **Master Certified Health Education Specialist**

Application for CHES/MCHES Category I continuing education contact hours (CECH) has been made to the National Commission for Health Education Credentialing, Inc. (NCHEC)

## **Certified Diabetes Educators® (CDE®)**

To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Recognized Providers ([www.ncbde.org](http://www.ncbde.org)). NCBDE does not approve continuing education. Winthrop University Hospital is accredited by AMA which is on the NCBDE List of Recognized Providers.

## **Board Certified Advanced Diabetes Management (BC-ADM)**

All certification renewal candidates are required to complete 75 continuing education hours. At least 50% (37.5 hours) of the 75 continuing education hours must be formally approved continuing education hours. The DCCW™ meets the criteria for offering formally approved continuing education hours.

The terms Certified Diabetes Educator® and CDE® are registered marks owned by NCBDE. The National Certification Board for Diabetes Educators does not develop, review, approve or participate in any way in programs or courses designed for study or review for the certification examination. The DCCW™ is not affiliated with NCBDE.

# FACULTY

## **Patricia Andronica, MS, RN, NPP, CDE**

Diabetes Education Program Director  
Suffolk County Department of Health Services  
Division of Public Health

## **Jane Jeffrie Seley, DNP, MPH, BC-ADM, CDE**

Diabetes Nurse Practitioner  
New York Presbyterian  
Weill Cornell Medical Center  
Adjunct Lecturer  
Hunter-Bellevue School of Nursing DNP Program

## **Linda Zintl, BSN, RN, CDE**

Inpatient Nurse Clinician  
Winthrop University Hospital  
Diabetes and Obesity Institute

## **Donna Jornsay, BSN, RN, PNP-C, CDE**

Diabetes Educator  
North Shore-LIJ Health System

## **J. Lynne Chimon, MS, RD, BC-ADM, CDE**

Director  
Diabetes Education Center  
Winthrop University Hospital

## **Michael S. Radin, MD, FACE**

Clinical Study Director – Diabetes  
Sanofi  
Bridgewater, NJ

## **Virginia Peragallo-Dittko, RN, CDE, BC-ADM, FAADE**

Executive Director  
Diabetes and Obesity Institute  
Winthrop University Hospital  
Professor of Clinical Medicine  
Stony Brook School of Medicine

## **FACULTY DISCLOSURE**

It is the policy of Winthrop University Hospital to adhere to ACCME, NJSNA and ANCC accreditation requirements, policies and Standards for Commercial Support in order to ensure content validity, fair balance, independence, objectivity and scientific rigor in all its sponsored programs. All faculty, planners and authors of educational content who participate in sponsored programs must disclose to the audience any potential, apparent or real conflicts of interest related to their contribution to the activity as well as any discussions of off-label or investigational uses of any commercial products and devices not yet approved in the United States. All faculty disclosures will be made at the time of the activity. Please call Robert D'Antuono, MHA, Director of CME at 516-663-2521 to express any concerns.

# AGENDA

*Via email, participants will receive self-assessment practice questions for Monday content to be completed prior to arrival on Monday.*

## MONDAY, OCTOBER 20

- 8:00a Registration, Continental Breakfast, Exhibits  
8:30a Welcome  
8:45a **Diabetes Self-management Education** Patricia Andronica  
12:15p Lunch, Exhibits  
1:15p **Disease Process** Linda Zintl  
5:00p Adjourn

**NEW**

### **Networking Reception**

Gather with your colleagues for wine and hors d'oeuvres.

## TUESDAY, OCTOBER 21

- 8:00a Attendance, Continental breakfast, Exhibits  
8:30a Review and Q&A of previous day material  
8:45a **Nutrition and Exercise** J. Lynne Chimon  
12:15p Lunch, Exhibits  
1:15p **Medications** Jane Jeffrie Seley  
5:00p Adjourn

## WEDNESDAY, OCTOBER 22

- 8:00a Attendance, Continental breakfast, Exhibits  
8:30a Review and Q&A of previous day material  
8:45a **Psychosocial Issues** Virginia Peragallo-Dittko  
12:15p Lunch, Exhibits  
1:15p **Monitoring, Management and Special Populations** Donna Jornsay  
5:00p Adjourn

## THURSDAY, OCTOBER 23

- 8:00a Attendance, Continental breakfast, Exhibits  
8:30a Review and Q&A of previous day material  
8:45a **Macrovascular and Neuropathic Complications** Michael Radin  
12:00p Lunch, Exhibits  
1:15p **Acute and Microvascular Complications** Donna Jornsay  
5:00p Adjourn

## EXHIBITS

The exhibits provide an unmatched resource for gathering the latest information about innovations related to diabetes care. Industry experts will be available each day of the DCCW™ to allow for live demonstrations and answer your questions.

# REGISTER TODAY!

We now accept online registration **ONLY** for all Winthrop CME-CE courses.  
Register & pay online at [www.winthrop.org/departments/education/CME](http://www.winthrop.org/departments/education/CME)

## FEES

- 4-Day Course Tuition: \$1,025
  - Winthrop Employees: \$925
  - Group Registration (3 or more participants from the same organization): \$925 per participant
- If you wish to register a group, please call Peter Sandre at 516-663-8459

Preregistration is required. Tuition includes course manual, practice test questions, continuing education credits, continental breakfast, refreshments and lunch.

**LOCATION** The Garden City Hotel, 45 Seventh Street, Garden City, NY

**ACCOMMODATIONS** The Garden City Hotel, one of the Preferred Hotel and Resorts, boasts elegant décor, spacious guest rooms, first-class service and scrumptious cuisine. From nightly turndown service with gourmet chocolates, to the pool and fitness center, every need is anticipated. The hotel is located 15 miles from New York City (Manhattan) and 25 minutes from LaGuardia and JFK airports. The Garden City hotel is located across the street from the Garden City train station of the Long Island Rail Road.

Rooms are available at The Garden City Hotel for participants at a discounted rate of \$185 per night (plus tax). To secure this rate, reserve by September 20, 2014. Use the following link to secure the discounted rate <https://gc.synxis.com/rez.aspx?Hotel=27213&Chain=10237&arrive=10/20/2014&depart=10/24/2014&adult=1&child=0&group=DIA1020>

You can also reserve by calling 1-800-547-0400 or (516) 747-3000 and mention The Diabetes Core Curriculum Workshop™ 10/20/14 - 10/23/14, sponsored by Winthrop, room block code DIA1020. Reserve early!

Hotel Cancellation Policy: Cancel 24 hours prior to 3pm day of arrival local hotel time to avoid penalty charges or forfeiture of deposit.

**CONFIRMATION** All registrants will receive a confirmation via email.

**CANCELLATION** A handling fee of \$15 is deducted for cancellation. Refund requests must be received by mail 7 days prior to the course. No refund will be made thereafter.

**HOSPITALITY** For directions to The Garden City Hotel by car or Long Island Rail Road, ground transportation options, area restaurants and links to New York City attractions, contact [DCCW@winthrop.org](mailto:DCCW@winthrop.org).

**If you experience technical problems with the online system or wish to register a group, please contact Peter Sandre at 516-663-8459 or via email at [psandre@winthrop.org](mailto:psandre@winthrop.org) for assistance.**



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Register Online  
[www.winthrop.org/departments/education/CME](http://www.winthrop.org/departments/education/CME)

For general course information, call  
J. Lynne Chimon at 516-663-2350 or  
email [DCCW@winthrop.org](mailto:DCCW@winthrop.org)



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